



**Nov. 6—19, 2017**

A Newsletter for Residential Living

# Maples Messenger

**“Autumn shows us how beautiful it is to let things go.” -Unknown**

**LUNCH OUTING:  
KNIGHTS STEAKHOUSE  
Mon., Nov. 6, 11am,  
Lobby**

Sign up for a spot on the bus to go to this classic Ann Arbor restaurant. First opening as a market in the 1950s, Knight's opened their Steakhouse on Dexter Road in 1984. They also have locations in Jackson and in downtown Ann Arbor. We will be going to the original Steakhouse.

**ENCORE THEATRE  
SEASON PREVIEW  
Tues., Nov. 7, 1:30pm,  
Maples Room**

Hear a little about the shows Encore Theatre is offering this season, and, if we're lucky, hear a song performed by one of their actors.

**DOLLAR STORE TRIP  
Second Wednesdays,  
Nov. 8, 3:30pm.**

On the second Wednesday! Meet in the lobby.

**KITCHEN Q&A WITH**

**JULIE, TOM, AND JAY  
Thurs. Nov. 9, 10am,  
Maples Room**

Learn all about the upcoming kitchen expansion and ask Julie, Tom, and Jay any questions you may have about the process.

**TRIP TO THE DSO COFFEE CONCERT  
Fri., Nov. 10, 9am, Lobby**  
If you signed up for a ticket, we'll be leaving at 9am to make sure we have plenty of time to enjoy a donut before the concert. If you didn't sign up for a ticket but would like to come, see Emily ASAP.

**SILVER MAPLES IS PEOPLE: CARMELITA KINGSLEY  
Fri. Nov. 10, 2:30pm, Maples Room.**

Join us for our second session of Silver Maples is People. Barbara Zikmund will be interviewing Carmelita Kingsley.

## **NEW GALLERY 100 EXHIBITION**

Check out Gallery 100 to see the new exhibition, featuring the work of painter Judy Bemis, particularly focusing on portraits. Judy has spent much time in Ghana, which is reflected in her work.

## **In town between Christmas and New Years?**

What sort of activities would you like to see during this quieter week?

Emily will be out of town visiting family, so we're looking for residents who might be interested in leading a few activities.

Maybe there's a movie you'd like to see? Maybe you'd be willing to coordinate a discussion group? Maybe you'd like to have a board game day?

Think about how you'd like to spend your time, and talk to Emily to make it happen!



**JERRY PERRINE CONCERT  
Sun. Nov. 12, 1:30pm,  
Maples Room**

This boogie-woogie piano man is back! Enjoy a Sunday concert.



# EVENT HIGHLIGHTS

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## EMERSON PARTNERSHIP

**Mon., Nov. 13, 10:15am, Bistro.**

It's time once again to meet with these bright students. See Emily if you are interested in joining or acting as a sub.

## AFTERNOON DOCUMENTARY: SECRETS OF UNDERGROUND LONDON

**Mon., Nov. 13, 1pm, Maples Room.**

From ancient caves to top-secret bunkers, there's more to London than meets the eye. Uncover the city's buried history in this 54-minute PBS documentary.

## ANNUAL SERVICE OF REMEMBRANCE

**Tues. Nov. 14, 1:30pm, Maples Room.**

Honor the memory of those our community has lost in the past year by lighting a candle in each person's name.

## WATCH ANGELO'S WHEEL OF FORTUNE APPEARANCES

\*NOTE NEW DATE\*

**Wed. Nov. 15, 11am, Garden Room.**

Following Wednesday's coffee hour, watch a DVD of Angelo's Wheel of Fortune appearances. Note the shift of date so that Angelo can

watch with us!

## DIA TRIP WITH MONET EXHIBITION

**Thurs. Nov. 16, 8:30am.**

Spend the morning touring the DIA on your own, then tour the visiting Monet exhibition after a gallery talk from a docent. Sign up for a spot on the bus!

## SUNDAY MOVIE: FORREST GUMP

**Sun. Nov. 19, 1:30pm, Garden Room.**

JFK, LBJ, Vietnam, Watergate, and other history unfold through the perspective of an Alabama man with an IQ of 75. Winner of several 1994 academy awards including Best Picture, Best Actor (Tom Hanks) and best Director (Robert Zemeckis).

## STUDENT FLUTE RECITAL

**Sun. Nov. 19, 2pm, Maples Room**

Melissa Grey's flute studio will be having a recital. All residents are invited to attend.

## RESIDENT PIZZA PARTY

**Sun. Nov. 19, 5pm, Game Room.**

Sign up by 11am to enjoy a pizza dinner. See Emily if you are willing to help coordinate this event.

## Holiday Giving Drives

This holiday season, Silver Maples will be collecting gifts for Toys for Tots and adopting a local family through Faith in Action.

### Toys for Tots

Beginning Nov. 3, we'll have a collection bin in the Art Room to collect unwrapped toys to donate to Toys for Tots, which is run by the US Marine Corps. The deadline to donate is Thurs. Dec. 21

### Faith in Action

Beginning Nov. 3, drop cash or checks made out to Silver Maples with "Faith in Action" written in the subject line in the locked drop-box in the mailroom. In early Dec., we'll buy the items on the local family's wish list (see Emily if you'd like to go on this trip). Any additional funds will be given to Silver Maples staff members whose families have need.



# News To Use

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## **Computer & Tech Help w/Jack Volk**

Wednesdays! Volunteer Jack Volk can meet you in your apartment or in the library. He can help with all kinds of technology issues – using a smart phone, mastering your Comcast remote, looking for lost emails, or hooking up a new printer – and just about anything else tech related! Sign up for your **FREE** 1/2 hour time slot! If you need more comprehensive help, Jack is also available by appointment for \$30 an hour.

## **Dining Room Reservations**

You can make a dinner reservation by calling the kitchen or through our website! Here's how: Once you get to [www.silvermaples.org](http://www.silvermaples.org), click on the "Residents" tab at the top. Then, on the right hand side, you'll see a link to a Dining Reservation Form. Fill that out, submit, and then wait for a definite confirmation of reservation email (not just the "we received your request"). They need at least 24 hours for the Trellis Room and Bistro reservations, and 2 weeks for a Private Dining Room reservation! Bon appétit!

## **Caption Call**

Two of our local hearing offices are now providing access to the free CaptionCall service. Benson Hearing and Ascent Audiology can help you obtain this excellent phone that has a screen that captions everything your caller is saying. Ask them for more information

## **Introducing Foot Nurse Sandra Miller!**

She will be here on Thursdays! Call 248.417.7077. Appointments will be \$38 (cash/check) and will last 45 minutes. She looks forward to meeting you!

## **Introducing Massage Therapist Amanda Humphrey!**

Call 734.355.0227. She's a medical book illus-

trator by day, but loves and values the importance of massage therapy. So she became a massage therapist! She'll be here on Tuesdays!

## **Chelsea State Bank Info**

Representatives from CSB are here each Wednesday from 9 to Noon. Please be sure to sign up for a time slot in order for them to serve people in an orderly fashion. The sign up sheet is at the Front Desk.

## **Wellness Center Membership**

We're so fortunate to be able to offer memberships to the Chelsea Wellness Center. You can pick up a ride to the Center on Tuesdays and Thursdays at 9:45am. Don't forget: you need to go at least 6 times each month in order for Silver Maples to pay for your membership! Otherwise, you can assume paying for the membership at the senior rate.

## **Chelsea Community Hospital Mini-Lab for Blood Draws: Save Yourself a Bus Ride!**

Lab technicians are here Wednesday mornings around 7-7:15am in the Meadows Lounge. To utilize this service, bring an order from your doctor and insurance info.

## **Library Newspapers & Magazines**

Please do not take the newspapers and magazines out of the library! This allows everyone to enjoy our reading materials. Old issues can be found in the cupboard to the left of the fireplace.

## **FIA and Magazine Boxes**

We have boxes in the mail room for Faith In Action food donations (please no clothes) and Magazines (please no catalogs).



# ONGOING ACTIVITIES

## WELLNESS CENTER

Tuesdays & Thursdays, 9:30. (And 11am on Community Coffee Hour days). Sundays around 9:30am.

## EXERCISE CLASS

Monday, Wednesday, and Friday at 9:30 am, in the Maples Room. Get a good workout! Join us for a new habit of fitness and fun!

## POOL

Monday & Thursdays at 2pm, Saturdays at 10am, Game Room.

## Wii BOWLING

Wednesdays, 1pm, Maples Room.

## EUCHRE!

Wednesday evenings, 6:30 pm, Library. New players welcome! Contact Arlene Harvey for more info.

## PINOCHLE

Mondays @ 6:30pm in the Library

## BINGO GUYS & DOLLS!

Tuesdays at 6:30 pm in the Game Room.

## SCRABBLE CLUB

Thursdays at 6:30pm in the Library.

## COMPUTERS

On Wednesdays with Jack Volk! Jack can help you with all kinds of tech from computers to tv remotes to phones...and more! 10 am to noon. Sign up!

## MICHIGAN RUMMY

Saturdays at 2:30 pm in the Art Room.

## DUPLICATE BRIDGE

Duplicate Bridge Group plays every other Tuesday at 1 pm in the Game Room. Subs are also frequently needed.

## SHOP POLLY'S

Tuesday at 2pm and Friday at 10 am. Once a month, we'll add a trip to Meijer's or Trader Joe's. Sign up!

## DOLLAR STORE TRIP

Second Wednesdays at 3:30pm. Meet in the Lobby.

## WRITERS GROUP

Thursdays, 3 pm, Art Room.

## COFFEE HOUR!

10am Mornings, Garden Room

## SPA, SALON & BARBERING

Open Monday through Friday: hours vary; Saturdays by appointment.

## For Stylists-

**Alexus, Laretta, Angela:** 433.5222

**For Foot Nurse Sandra Miller:**

248.417.7077

**For Massage Therapist Amanda**

**Humphrey:**

734.355.0227

## ZEN COLORING & DRAWING

Supplies provided! Thursdays at 11am, Art Room

## HAPPY HOUR

Fridays from 4 - 5 pm in the Game Room! We serve wine and hors d'oeuvres. We play a little pool and or darts! \$10 per person (in cash, please!) to Emily. Or \$2 Drop-In.

## SILVER MAPLES CHOIR

Singing classical, folk, and familiar songs from the ages. If you can read music, please join us! Tuesdays at 10:30am.

## BLOOD PRESSURES

Wednesdays, 10am, Garden Room.

## CATHOLIC COMMUNION

Wednesdays at 10 am, except 3rd Wednesdays. In the Meadows Lounge.

## CATHOLIC MASS

3rd Tuesdays at 10am. Maples Room.

## BIBLE STUDY WITH PASTOR DALE GRIMM

Most Thursdays at 2pm in the Maples Room, Sept-May.

## SUNDAY CHURCH BUS SERVICE

To St. Mary, St. Paul, and First United Methodist beginning at 9:30am.

## SILVER MAPLES WORSHIP SERVICE

Sundays in the Great Room in the Meadows at 9:45 am with Rev. Jeff Crowder. Donations received will be given to Faith in Action.