



dinner menu

Week of January 17th

All options are served with: *Choice of Artisan Bread, Fresh Fruit or Canned Fruit, *Choice of Soup, *Choice of Weekly Salad or Starter Salad, and Featured Dessert.

Artisan Bread

Monday: Cranberry Walnut Bread

Tuesday: White Roll

Wednesday: Knot Roll

Thursday: Hawaiian Roll

Friday: Wheat Roll

Fresh Fruit ♥

Monday: Pineapple & Mango

Tuesday: Whole Banana

Wednesday: Tropical Fruit Salad

Thursday: Orange Wedges

Friday: Whole Apple

**Applesauce & Canned Mandarin Oranges, Peaches & Fruit Cocktail also available.*

Soup

(Choice of One)

Weekly: Turkey Wild Rice

Monday: Corn Chowder

Tuesday: Asian Vegetable **R**

Wednesday: Rubeen Chowder

Thursday: Chicken Noodle **R**

Friday: Butternut Squash

**Canned reduced sodium soups also available.*

Starters

Warm Spinach & Artichoke Dip w/Pita Triangles

Southwest Salad (w/o Chicken)

Cottage Cheese ♥

Ice Cream

Vanilla Chocolate

Cappuccino Crunch

NSA Moose Tracks

♥ Heart Healthy

R Reduced Sodium

GF Gluten Free

Daily Entrée Selections

1/17 Monday

Option 1: Chilled Shrimp Cocktail ♥ w/Cocktail Sauce served with Wild Rice Pilaf and Steamed Peas & Carrots ♥

Option 2: Hungarian Goulash w/Egg Noodles served with Steamed Green Beans ♥

Featured Dessert: Baked Lattice Apple Pie w/Vanilla Ice Cream

1/18 Tuesday

Option 1: Mongolian Beef w/Mixed Peppers, Mushrooms, Green Onion & Sesame Seeds served with Brown Rice ♥

Option 2: Baked Chicken Thighs ♥ **GF** served with Mashed Potatoes & Chicken Gravy and Roasted Asparagus ♥

Featured Dessert: Peppermint Ice Cream

1/19 Wednesday

Option 1: Baked Cod **GF** w/Tomato, Basil, Garlic & Lemon ♥ served with a Baked Potato ♥ w/Sour Cream and Steamed Broccolini ♥

Option 2: Spaghetti & Meatballs w/Marinara Sauce served with Roasted Zucchini & Tomatoes ♥

Featured Dessert: Jellyroll Cream Cake w/Blueberry Sauce

1/20 Thursday

Option 1: Seared Fish Tacos w/Cilantro Crema & Cabbage Slaw served with French Fried Potatoes and Roasted Citrus Carrots ♥

Option 2: Chicken Cordon Bleu w/Swiss Cheese Sauce served with Mashed Potatoes ♥ and Steamed Mixed Vegetables ♥

Featured Dessert: Mocha Mousse Cake

1/21 Friday

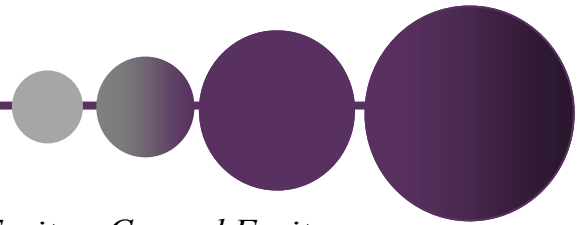
Option 1: Seafood Stew w/Fish, Shrimp, Mussels & Clams in a Tomato Saffron Broth ♥ **GF** served with Steamed New Potatoes ♥ and Garlic Bread

Option 2: Sloppy Joe Sandwich on a Fresh Baked Bun served with Fried Onion Rings and Italian Vinaigrette Cabbage Coleslaw

Featured Dessert: Peanut Butter Pie

See back of menu for more entree options!!

dinner menu



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All options are served with: *Choice of Artisan Bread, Fresh Fruit or Canned Fruit, *Choice of Soup, *Choice of Weekly Salad or Starter Salad, and Featured Dessert.

Artisan Bread

Saturday: Assorted Rolls

Sunday: Assorted Rolls

Fresh Fruit ♥

Saturday & Sunday: Mixed Fruit

*Applesauce & Canned Mandarin Oranges, Peaches & Fruit Cocktail also available.

Soup

(Choice of One)

Weekly: Turkey Wild Rice

Saturday: Vegetable Beef **R**

Sunday: Split Pea w/Ham

*Canned reduced sodium soups also available.

Starters

Warm Spinach & Artichoke Dip w/Pita Triangles

Southwest Salad (w/o Chicken)

Cottage Cheese ♥

Ice Cream

Vanilla Chocolate

Cappuccino Crunch

NSA Moose Tracks

Saturday, Jan. 22nd

Option 1: Grilled Bratwurst Topped w/Pickled Red Cabbage **GF** served with Spatzle Dumplings and Roasted Cauliflower ♥

Option 2: BBQ Beef Brisket **GF** served with Baked Beans and Buttered Corn

Featured Dessert: Carrot Cake

Sunday, Jan. 23rd

Option 1: Ham Salad Croissant served with Loaded Potato Salad and Fresh Fruit Garnish ♥

Option 2: White Chicken Lasagna w/Mozzarella Cheese served with Steamed California Vegetable Blend ♥

Featured Dessert: Lemon Bars

Alternative Dinner Entrees

Option 3: Vegetarian Burger w/Lettuce, Tomato, Onion & Special Sauce served with Seasoned Tater Tots

Option 4: Southwest Salad - *Fresh mixed greens, grilled chicken breast, cucumber, tomato, black beans, corn & tortilla chips. Served with southwest ranch dressing on the side.*

Option 5: Home Made Beef Stew w/Carrots, Onion & Celery served over Mashed Potatoes ♥

Sandwiches:

Served on Wheat Bread with Potato Chips

Grilled Cheese Sandwich

Peanut Butter & Jelly Sandwich

The Grill:

Grilled Chicken Breast **or** Chicken Tenders with Ranch Dressing served with Fresh Vegetables ♥

Hot Dog with Ketchup & Mustard served with Potato Chips

♥ Heart Healthy

R Reduced Sodium

GF Gluten Free

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Alert staff to any allergies or dietary needs.