



# dinner menu

Week of May 13th

## Artisan Bread

**Monday:** Petite Croissant

**Tuesday:** French Roll

**Wednesday:** Buttermilk Biscuit

**Thursday:** Herb Breadstick

**Friday:** Turkish Stone Bread

## Soup

*(Choice of One)*

**Monday:** Creamy Lemon Rice

**Tuesday:** Pasta Fagiole

**Wednesday:** Turkey & Noodle

**Thursday:** Navy Bean & Ham

**Friday:** Chicken Corn Chowder

## Starters

*(Choice of Two)*

**Apple Cranberry Coleslaw**

**Fresh Cut Fruit ♥**

**Applesauce ♥**

**Cottage Cheese**

**Tossed Salad ♥**

**Canned Fruit ♥**

## Desserts

*(Choice of One)*

**Hand Dipped Hershey's Ice Cream**

**Sorbet**

**Chocolate Fudge Pudding**

**Sugar Free Jell-O**

**Sugar Free Pudding**

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Alert your server to any allergies or dietary needs.*

## Daily Entrée Selections

*(Choice of One Entrée Selection with Two Sides.)*

**5/13 (Mon.): Orange Roughy Almondine ♥ - Baked Ham & Grilled Fresh Pineapple - or - Roast Beef (R)**

**Sides:** Mashed Potatoes & Gravy - Baked Sweet Potato ♥  
Roast Fresh Asparagus ♥ - Red Cabbage

**Dessert:** German Chocolate Cake

**5/14 (Tues.): Fresh Salmon ♥ - Braised Liver & Onions with Bacon - or - Balsamic Flank Steak**

**Sides:** Mashed Potatoes & Gravy - Roast Potato Medley ♥  
Fresh Broccoli ♥ - Zucchini & Tomatoes

**Dessert:** Sander's Hot Fudge Sundae

**5/15 (Wed.): Seafood Linguini Alfredo - BBQ Chicken - or - Pork Tenderloin ♥**

**Sides:** Mashed Potatoes & Gravy - Baked Potato ♥  
Corn ♥ - Green Beans ♥

**Dessert:** Fresh Strawberry Pie

**5/16 (Thurs.): Baked Walleye ♥ - Swedish Meatballs over Noodles - or - Breaded Chicken Breast**

**Sides:** Mashed Potatoes & Gravy - Egg Noodles  
Beets ♥ - Peas & Carrots ♥

**Dessert:** Orange Cream Cake

**5/17 (Fri.): Steamed Shrimp ♥ w/Cocktail Sauce - Herb Roast Porkloin w/Gravy - or - Turkey (R)**

**Sides:** Mashed Potatoes & Gravy - Scalloped Potatoes  
Mixed Vegetables ♥ - Caraway Cabbage

**Dessert:** Lemon Krunch Pie

## Weekly Entrée Selection

*(Includes Choice of Two Daily Sides.)*

**Chicken & Cheddar Salad Entrée:** Sliced Chargrilled Chicken Breast, Cheddar Cheese and Fresh Vegetables over Crisp Mixed Greens. Served with the Dressing of Your Choice.

♥ Heart Healthy

(R) Reduced Sodium



# weekend menu

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## Starters

*(Choice of Two)*

Apple Cranberry Coleslaw

Fresh Cut Fruit ♥

Applesauce ♥

Cottage Cheese

Tossed Salad ♥

Canned Fruit ♥

## Desserts

*(Choice of One)*

Hand Dipped Hershey's  
Ice Cream

Sorbet

Chocolate Fudge Pudding

Sugar Free Jell-O

Sugar Free Pudding

## Saturday, May 18th

**Entrees: Whitefish Almondine ♥ - Roast Chicken with Dressing & Gravy - Veggie Burger - or - Chicken & Cheddar Salad Entrée**

Soup: Vegetable

Bread: French Roll

Sides: Mashed Potatoes & Gravy  
Mexicorn ♥ - Broccoli ♥

Dessert: A & W Root Beer Float

## Sunday, May 19th

**Entrees: Canadian Salmon ♥ - Yankee Pot Roast - Veggie Burger - or - Chicken & Cheddar Salad Entrée**

Soup: Beef Barley

Bread: Soft Yeast Roll

Sides: Mashed Potatoes & Gravy  
Creamed Spinach - Cauliflower ♥

Dessert: Chef's Choice

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Heart Healthy



Reduced Sodium

## Culinary Wellness Announcements

### Looking for Reduced Fat & Sodium Options?

Look for the ♥ & Ⓡ next to menu items, and ask your server for sauces & gravies to be served on the side for personal control of portioning.

*Please understand that some daily entrées and weekly entrée specials are not able to serve sauces on the side.*

To make or cancel dinner reservations, please contact 433-5207.  
Dinner reservations can also be made online through our website at

<https://silvermaples.org/residents/dining-room-reservation/>

We ask that reservations are made by 1pm the day of your reservation.