


Silver Maples of Chelsea - The Meadows - January 2026							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	LOCATION Activities Office (AO) Bistro (BIS) Craft Room (CR) Game Room (GMR) Great Room (GR) Library (LIB) Lobby (LOB) Maples Room (MR) Meadows Lounge (ML) Private Dining Room (PDR) Salon (S) Salon Waiting Area (SWA) Trellis Dining Room (TDR) Your Home (YH)			Happy New Year! 1 No Bus Service Today 10:30 Exercise--Strength & Stretching (GR) 11:00 Watch the Rose Bowl Parade (NBC, Channel 4) (ML) 1:30 Movie: "Casablanca" (Starring Humphrey Bogart and Ingrid Bergman) (GR)	9:30 Resident Run Cards (SWA) 2 9:30 Shop at Polly's Country Market (LOB) 10:00 Communion (ML) 10:30 Exercise--Weights & Bands (GR) 1:30 Concert: Rebecca Swett--Harp (MR) 3:00 Bingo (GR)	10:00 Resident Run Euchre (BIS) 3 10:30 Exercise--Stretching & Strength (GR) 11:05 Bonus Activity--Trivia, Short Stories, Word Game, Etc. (ML) 1:30 Movie: "Magic Beyond the Words--The J.K. Rowling Story" (Author of Harry Potter books) (GR) 2:30 Resident Run Rummikub for Experienced Players (BIS)	
	9:20 Bus Ride: St. Mary Catholic & St. Paul United Church of Christ (LOB) 4 9:50 Protestant Service on TV (ML) 10:00 Catholic Service on TV (GR) 1:30 Movie: "Faith, Hope & Love" (Romantic Comedy) (GR) 2:30 Resident Run Rummikub for Experienced Players (BIS)	Recycling Day (AO) 5 9:30 Drop In Nurses Time with Megan & Becky (LOB) 9:30 Cards & Games (SWA) 10:30 Exercise--Stretching & Strength (GR) 11:00 Chelsea District Library Mobile Van at Maples Lobby (LOB) 11:05 Newer Residents Follow Up Orientation (ML) 12:00 Bible Discussion (PDR) 1:00 Resident Run Euchre (BIS) 1:30 Community Coffee Hour with Holly & Company (GR) 3:00 Bingo (GR)	9:30 Cards & Games (SWA) 6 10:30 Exercise--Exercise Balls (GR) 11:05 Book Club--"Dr. Kate, Angel on Snowshoes" (ML) 11:30 Activity Committee Meeting (PDR) 1:00 Breathe Chair Yoga with Britt (MR) 1:30 Shop Independently at Polly's Country Market (LOB) 1:30 Spiritual Reflections with Chaplain Jeff Crowder (GR) 3:00 Rummikub for New & Experienced Players (GR) 3:30 Celebration of Life for Gordon Flynn (MR) 3:30 Celebration of Life for Gordon Flynn (MR)	Weekly Word Puzzles Due 7 9:30 Cards & Games (SWA) 10:30 Exercise--Weights & Bands (GR) 11:15 Bus Trip: The Hungry Wolf Restaurant in Manchester * (Sign Up) (LOB) 12:45 Drop In Tech Time with Scott (ML) 3:00 Game: Qwirkle! (We can teach you) (GR)	9:30 Resident Run Cards (SWA) 8 9:30 Ladies Discussion with Nurse Becky (ML) 10:30 Exercise--Music & Movement (GR) 10:30 Men's Coffee & Conversation with Jeff Crowder (GMR) 11:05 Book Club--"Dr. Kate, Angel on Snowshoes" (ML) 1:30 History Talk with Jason Schmer--WWII, Part 1 (MR) 3:00 Make Snowman Cupcakes to Eat or Share (GR)	9:30 Resident Run Cards (SWA) 9 9:30 Shop at Polly's Country Market (LOB) 10:00 Communion (ML) 10:30 Exercise--Weights & Bands (GR) 11:00 CN Appraisals Watch Repair (LIB) 11:05 Sign & Shine with Holly--Learn Sign Language (ML) 1:30 Sing Along with Jeff Powell & Company (BIS) 3:15 Happy Hour/Social Hour & Games (ML)	10:00 Resident Run Euchre (BIS) 10 10:30 Exercise--Stretching & Strength (GR) 11:05 Bonus Activity--Trivia, Short Stories, Word Game, Etc. (ML) 1:30 Movie: "The Friend" (Starring Bill Murray & Naomi Watts) (GR) 2:30 Resident Run Rummikub for Experienced Players (BIS)
	9:20 Bus Ride: St. Mary Catholic & St. Paul United Church of Christ (LOB) 11 9:50 Protestant Service on TV (ML) 10:00 Catholic Service on TV (GR) 1:00 Recital: Violin & Viola, Students of Nathan Peters (MR) 2:30 Resident Run Rummikub for Experienced Players (BIS)	Foot Nurse *(Sign Up) (S) 12 Recycling Day (AO) 9:30 Cards & Games (SWA) 10:30 Exercise--Stretching & Strength (GR) 11:00 Chelsea District Library Mobile Van at Maples Lobby (LOB) 11:05 Resident Council (GR) 12:00 Bible Discussion (PDR) 1:00 Resident Run Euchre (BIS) 1:30 "Let It Snow!" Games (GR) 3:00 Bingo (GR)	9:30 Cards & Games (SWA) 13 10:00 Cherry Optometry (*Sign up for glasses adjustments) (PDR) 10:30 Choir (MR) 10:30 Exercise--Exercise Balls (GR) 11:05 Book Club--"Dr. Kate, Angel on Snowshoes" (ML) 1:00 Breathe Chair Yoga with Britt (MR) 1:30 Shop Independently at Polly's Country Market (LOB) 1:30 Spiritual Reflections with Chaplain Jeff Crowder (GR) 3:00 Rummikub for New & Experienced Players (GR) 7:00 Kaleidoscope Concert: Dave Sharp's World Quartet--Jazz, World Music, & Other (MR)	Weekly Word Puzzles Due 14 8:15 Make Lava Cake for the Crock Pot Cookoff (CR) 9:30 Cards & Games (SWA) 10:30 Exercise--Weights & Bands (GR) 11:30 Crock Pot Cookoff (MR) 12:45 Drop In Tech Time with Scott (ML) 2:30 Craft: Snowman Painting on Canvas (GR)	9:30 Cheerful Visit with Apollo the Dog & Dave (YH) 15 9:30 Resident Run Cards (SWA) 10:30 Exercise--Music & Movement (GR) 10:30 Men's Coffee & Conversation with Jeff Crowder (GMR) 11:05 Book Club--"Dr. Kate, Angel on Snowshoes" (ML) 12:45 5th Graders Visit Residents (Sign up*) (BIS) 2:00 Hymn Sing & Community Sing with Jeff Crowder (GR) 6:30 Gallery 100 Reception: Beyond the Cover, Celebrating Local Art (MR)	9:30 Resident Run Cards (SWA) 16 9:30 Shop at Polly's Country Market (LOB) 10:00 Communion (ML) 10:30 Exercise--Weights & Bands (GR) 11:05 Sign & Shine with Holly--Learn Sign Language (ML) 1:30 Game: Snowflake Hunt (GR) 3:15 Happy Hour/Social Hour & Games (ML)	10:00 Resident Run Euchre (BIS) 17 10:30 Exercise--Stretching & Strength (GR) 11:05 Bonus Activity--Trivia, Short Stories, Word Game, Etc. (ML) 1:30 Movie: "Under the Greenwood Tree" (Lighthearted Victorian romance) (GR) 2:30 Resident Run Rummikub for Experienced Players (BIS)

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9:20 Bus Ride: St. Mary Catholic & St. Paul United Church of Christ (LOB) 18 9:50 Protestant Service on TV (ML) 10:00 Catholic Service on TV (GR) 1:30 Movie: "The Boy Who Harnessed the Wind" (True, inspirational story) (GR) 2:30 Resident Run Rummikub for Experienced Players (BIS)	Recycling Day (AO) 19 9:30 Drop in Nurses Time with Megan and Becky (LOB) 9:30 Cards & Games (SWA) 10:30 Exercise--Stretching & Strength (GR) 11:00 Chelsea District Library Mobile Van at Maples Lobby (LOB) 11:05 History of the Gospel Song "We Shall Overcome" for MLK, Jr., Day (GR) 12:00 Bible Discussion (PDR) 1:00 Resident Run Euchre (BIS) 1:30 Mexican Train Dominos (We can teach you) (GR) 3:00 Bingo (GR)	Main Street Dermatology Visits (S) 20 9:30 Cards & Games (SWA) 10:30 Choir (MR) 10:30 Exercise--Exercise Balls (GR) 11:00 Rankin Audiology (*Sign up for hearing aid cleaning & adjustment) (PDR) 11:05 Book Club--"Dr. Kate, Angel on Snowshoes" (ML) 1:00 Breathe Chair Yoga with Britt (MR) 1:30 Shop Independently at Polly's Country Market (LOB) 1:30 Spiritual Reflections with Chaplain Jeff Crowder (GR) 3:00 Rummikub for New & Experienced Players (GR)	Weekly Word Puzzles Due 21 9:30 Cards & Games (SWA) 10:30 Exercise--Weights & Bands (GR) 11:05 Crochet Club (ML) 12:45 Drop In Tech Time with Scott (ML) 1:30 January Birthdays and Alaska & Moose Trivia (GR) 3:00 Cheerful Dog Visit with Bella or Nugget and Barb Marshall (ML)	9:30 Resident Run Cards (SWA) 22 10:30 Exercise--Music & Movement (GR) 10:30 Men's Coffee & Conversation with Jeff Crowder (GMR) 11:05 Book Club--"Dr. Kate, Angel on Snowshoes" (ML) 1:30 History Talk with Jason Schmer--WWII, Part 2 (MR) 3:00 Men's & Women's Coffee Talk with Jeff Crowder (GR)	9:30 Resident Run Cards (SWA) 23 9:30 Shop at Polly's Country Market (LOB) 10:00 Communion (ML) 10:30 Exercise--Weights & Bands (GR) 11:05 Sign & Shine with Holly--Learn Sign Language (ML) 11:05 Sing Along Music with Mel (GR) 1:30 Concert: Peter Bergin--Piano (Standards, Boogie Woogie, and Classical) (MR) 3:15 Happy Hour/Social Hour & Games (ML)	10:00 Resident Run Euchre (BIS) 24 10:30 Exercise--Stretching & Strength (GR) 11:05 Bonus Activity--Trivia, Short Stories, Word Game, Etc. (ML) 1:30 Movie: "The New Yorker at 100" (Documentary) (GR) 2:30 Resident Run Rummikub for Experienced Players (BIS)
9:20 Bus Ride: St. Mary Catholic & St. Paul United Church of Christ (LOB) 25 9:50 Protestant Service on TV (ML) 10:00 Catholic Service on TV (GR) 1:30 Movie: "Little Men" (Spinoff story of classic tale by Louisa May Alcott) (GR) 2:30 Resident Run Rummikub for Experienced Players (BIS)	Foot Nurse *(Sign Up) (S) Recycling Day (AO) 26 9:30 Cards & Games (SWA) 10:30 Exercise--Stretching & Strength (GR) 11:00 Chelsea District Library Mobile Van at Maples Lobby (LOB) 11:05 Scrabble (ML) 12:00 Bible Discussion (PDR) 1:00 Resident Run Euchre (BIS) 1:30 Create Book of Baby Advice for Expectant Mother RCA Amanda (GR) 2:00 Robert Burns Poetry Reading & Discussion (MR) 3:00 Bingo (GR)	9:00 Step Ahead Podiatry Visits *(Sign up) (S) 27 9:30 Cards & Games (SWA) 10:30 Choir (MR) 10:30 Exercise--Exercise Balls (GR) 11:05 Book Club--"Dr. Kate, Angel on Snowshoes" (ML) 1:00 Breathe Chair Yoga with Britt (MR) 1:30 Shop Independently at Polly's Country Market (LOB) 1:30 Spiritual Reflections with Chaplain Jeff Crowder (GR) 3:00 Rummikub for New & Experienced Players (GR)	Weekly Word Puzzles Due 28 9:30 Cards & Games (SWA) 10:30 Exercise--Weights & Bands (GR) 11:05 Crochet Club (ML) 12:45 Drop In Tech Time with Scott (ML) 1:00 Natural Dyes Program *(Sign up required) (GMR) 3:15 Baby Shower for RCA Amanda (GR)	9:30 Resident Run Cards (SWA) 29 10:30 Exercise--Music & Movement (GR) 10:30 Men's Coffee & Conversation with Jeff Crowder (GMR) 11:30 Newer Residents Luncheon with Welcoming Committee Members (By Invitation) (TDR) 1:30 Craft: Painting Penguin Posts (GR) 3:15 Alaska Travelogue Video (GR)	9:30 Resident Run Cards (SWA) 30 9:30 Shop at Polly's Country Market (LOB) 10:00 Communion (ML) 10:30 Exercise--Weights & Bands (GR) 11:05 Sign & Shine with Holly--Learn Sign Language (ML) 1:30 Concert: Bob Skon--Guitar & Vocals (MR) 3:15 Happy Hour/Social Hour & Games (ML)	10:00 Resident Run Euchre (BIS) 31 10:30 Exercise--Stretching & Strength (GR) 11:05 Bonus Activity--Trivia, Short Stories, Word Game, Etc. (ML) 1:30 Movie: "Shop Around the Corner" (Starring James Stewart & Margaret Sullavan) (GR) 2:30 Resident Run Rummikub for Experienced Players (BIS)