



October 2020



DIMENSIONS OF WELLNESS:

- Physical
- Emotional
- Spiritual
- Environmental
- Occupational
- Social
- Intellectual

MEETING PLACES:

- ACR** – Art Room
- GR** - Garden Room
- GAME** - Game Room
- MR** - Maples Room
- YH** - Your Home
- Z** - Zoom
- BR** - Bus Ride
- CR** - Conference Room
- BC** - Bistro Courtyard

RECURRING EVENTS:

- 10am Coffee Hour in the Garden Room (Daily)**
- Bus ride to the Wellness Center Tues & Thurs at 9:30am**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
Betty Geistler's Birthday! 1:00 Weekend Movie: The King and I (1956), MR	9:30 Exercise (Group 1), MR 10:00 Exercise (Group 2), MR 1:00 Pool, GAME 1:00 Needlework Group, GR 2:00 Sinatra: All or Nothing At All (Pt. 1, 2005), MR	Ruth Barnard's Birthday! 10:30 Full Count Tutorial with Patti, MR 1:00 Tech Office Hours with Houston, YH 1:00 Virtual Memorial Service, MR 2:00 Shop Polly's, BR 3:00 The Crown S2 E4, GR 3:15 Silver Lining Fund Committee Meeting, GAME	Lois deLeon's Birthday! 9:00 CS Bank Visit, CR 9:30 Exercise (Group 1), MR 10:00 Exercise (Group 2), MR 10:30 Women's Coffee, GAME 1:00 Bingo (Last Name A-K), MR 1:00 Bingo (Last Name L-Z), MR 3:00 Wii Bowling, MR	Kay Klinge's Birthday! 10:30 Men's Coffee, GAME 11:00 Activity Committee Meeting, GR 1:00 Pool, GAME 1:00 Sinatra: All or Nothing At All (Pt. 2, 2005), MR 1:00 Tech Office Hours with Houston, YH 2:00 Bible Study with Pastor Pezzica, Z	7:30 Shop Polly's, BR 9:30 Exercise (Group 1), MR 10:00 Exercise (Group 2), MR 1:00 Fall Color Tour Bus Ride, BR	10:00 Pool, GAME 1:00 Weekend Movie: Oklahoma! (1955), MR
4	5	6	7	8	9	10
Marvin Novetsky's Birthday! 1:00 Weekend Movie: Oklahoma! (1955), MR	9:30 Exercise (Group 1), MR 10:00 Exercise (Group 2), MR 1:00 Fall Color Tour Bus Ride, BR 1:00 Pool, GAME 1:00 Needlework Group, GR 2:00 DSO Stream: Rachmaninoff Symphonic Dances, Op. 45, MR	Flu Shot Clinic – Afternoon, MR (sign up for a spot) 11:00 Worship Service, MR (NOTE TIME CHANGE) 1:00 Tech Office Hours with Houston, YH 2:00 Shop Polly's, BR 3:00 The Crown S2 E5, GR	Wanda Jean Koski's Birthday! 9:00 Chelsea State Bank Visit, CR 9:30 Exercise (Group 1), MR 10:00 Exercise (Group 2), MR 10:30 Women's Coffee, GAME 1:00 Bingo (Last Name A-K), MR 1:00 Bingo (Last Name L-Z), MR 3:00 Wii Bowling, MR	10:00 Planning for the Future Presentation, Z 10-11 Outdoor Watch Repair, CR 10:30 Men's Coffee, GAME 1:00 Pool, GAME 1:00 Tech Office Hours with Houston, YH 1:00 Let's Talk Books, GR 2:00 River Rouge "Uncruise" Stream, MR 2:00 Bible Study with Pastor Pezzica, Z	Betty Hopkins' Birthday! Walk to End Alzheimer's Day! 7:30 Shop Polly's, BR 9:30-10:30 Outdoor Exercise (Alzheimer's Walk) 3:30 Social Distance Happy Hour with Staff Alzheimer's Walk "Parade", YH	10:00 Pool, GAME 1:00 Weekend Movie: Sleepless in Seattle (1993), MR

11	12	13	14	15	16	17
<p> 1:00 Weekend Movie: Sleepless in Seattle (1993), MR</p>	<p> 9:30 Exercise (Group 1), MR</p> <p> 10:00 Exercise (Group 2), MR</p> <p> 1:00 Pool, GAME</p> <p> 1:00 Needlework Group, GR</p> <p> 2:00 Sculpture Walk Video Tour, MR</p>	<p>10:15 Benson Hearing, CR</p> <p> 1:00 Tech Office Hours with Houston, YH</p> <p> 1:00 Worship Service, MR</p> <p>2:00 Shop Polly's, BR</p> <p> 3:00 The Crown S2 E6, GR</p>	<p>Janet Utsler, Lila Westenberg & Betty Young's Birthdays!</p> <p>9:00 CS Bank Visit, CR</p> <p> 9:30 Exercise (Group 1), MR</p> <p> 10:00 Exercise (Group 2), MR</p> <p> 10:30 Women's Coffee, GAME</p> <p> 1:00 Bingo (Last Name A-K), MR</p> <p> 1:00 Bingo (Last Name L-Z), MR</p> <p> 3:00 Wii Bowling, MR</p>	<p>Libby Sutherland's Birthday!</p> <p> 10:30 Men's Coffee, GAME</p> <p> 1:00 Pool, GAME</p> <p> 1:00 Tech Office Hours with Houston, YH</p> <p> 2:00 Bible Study with Pastor Pezzica, Z</p> <p>Time TBA Silver Lining Fund Celebration, MR</p>	<p>Barb Zikmund's Birthday!</p> <p>7:30 Shop Polly's, BR</p> <p> 9:30 Exercise (Group 1), MR</p> <p> 10:00 Exercise (Group 2), MR</p> <p> 1:00 Cider Pressing Demonstration & Tasting, BC</p>	<p>Barb Behnke's Birthday!</p> <p> 10:00 Pool, GAME</p> <p> 1:00 Weekend Movie: The Sound of Music (1965), MR</p>
18	19	20	21	22	23	24
<p> 1:00 Weekend Movie: The Sound of Music (1965), MR</p>	<p> 9:30 Exercise (Group 1), MR</p> <p> 10:00 Exercise (Group 2), MR</p> <p> 1:00 Pool, GAME</p> <p> 1:00 Needlework Group, GR</p> <p> 3:00 Resident Council, Z</p>	<p>8:00-11 Visiting Podiatrist, ACR</p> <p> 10:00 Cooking Demo with Travis (Group one), MR</p> <p> 11:00 Cooking Demo with Travis (Group two), MR</p> <p>12:00 Rankin Audiology, CR</p> <p> 1:00 Tech Office Hours with Houston, YH</p> <p> 1:00 Worship Service, MR</p> <p>2:00 Shop Polly's, BR</p> <p> 3:00 The Crown S2 E7, GR</p>	<p>Arlene Penning's Birthday!</p> <p>9:00 Chelsea State Bank Visit, CR</p> <p> 9:30 Exercise (Group 1), MR</p> <p> 10:00 Exercise (Group 2), MR</p> <p> 10:30 Women's Coffee, GAME</p> <p> 1:00 Bingo (Last Name A-K), MR</p> <p> 1:00 Bingo (Last Name L-Z), MR</p> <p> 3:00 Wii Bowling, MR</p>	<p>Abby Siddall's Birthday!</p> <p> 10:30 Men's Coffee, GAME</p> <p> 1:00 Pool, GAME</p> <p> 1:00 Tech Office Hours with Houston, YH</p> <p> 2:00 Bible Study with Pastor Pezzica, Z</p> <p> 2:00 Doc & Talk: All in my Family, MR</p>	<p>Anneward Conlin's Birthday!</p> <p>7:30 Shop Polly's, BR</p> <p> 9:30 Exercise (Group 1), MR</p> <p> 10:00 Exercise (Group 2), MR</p> <p> 4:00 Social Distance Happy Hour, YH</p>	<p> 10:00 Pool, GAME</p> <p> 1:00 Weekend Movie: Blue Hawaii (1961), MR</p>
25	26	27	28	29	30	31
<p> 1:00 Weekend Movie: Blue Hawaii (1961), MR</p>	<p> 9:30 Exercise (Group 1), MR</p> <p> 10:00 Exercise (Group 2), MR</p> <p> 1:00 Pool Tournament, GAME</p> <p> 1:00 Needlework Group, GR</p> <p> 2:00 Gene Krupa: Swing, Swing, Swing, MR</p>	<p>Yvonne Lockwood's Birthday!</p> <p>10:15 Benson Hearing, CR</p> <p> 1:00 Tech Office Hours with Houston, YH</p> <p> 1:00 Worship Service, MR</p> <p>2:00 Shop Polly's, BR</p> <p> 3:00 The Crown S2 E8, GR</p> <p> 3:15 Silver Lining Fund Committee Meeting, GAME</p>	<p>9:00 Chelsea State Bank Visit, CR</p> <p> 9:30 Exercise (Group 1), MR</p> <p> 10:00 Exercise (Group 2), MR</p> <p> 10:30 Women's Coffee, GAME</p> <p> 1:00 Bingo (Last Name A-K), MR</p> <p> 1:00 Bingo (Last Name L-Z), MR</p> <p> 3:00 Wii Bowling, MR</p>	<p>Suzanne Lank's Birthday!</p> <p>7:30 Shop Trader Joe's, BR</p> <p> 10:30 Men's Coffee, GAME</p> <p> 1:00 Pool, GAME</p> <p> 1:00 Tech Office Hours with Houston, YH</p> <p> 2:00 Maples Matinee: On Golden Pond (1981), MR</p> <p> 2:00 Bible Study with Pastor Pezzica, Z</p>	<p>7:30 Shop Polly's, BR</p> <p> 10:00 State of the Maples, Z</p> <p> 2:00 Reverse Trick-or-Treating!, YH</p>	<p> 10:00 Pool, GAME</p> <p> 1:00 Weekend Movie: Roman Holiday (1953), MR</p>