## GENERAL TIER LEVEL GUIDELINES FOR RESIDENTS

Each resident will be assessed and their tier level determined individually. The Assisted Living Director and Clinical Coordinator determines the level of care needed. Monthly service fees vary based on tier level of care needed and size of apartment desired.

	Transitions	TIER 1	TIER 2	TIER 3*
Meals per day	» 3 meals » Evening snack	» 3 meals » Evening snack	<ul><li>» 3 meals</li><li>» Evening snack</li><li>» Transportation to and from meals</li></ul>	
Laundry	» Weekly	» Weekly	» Weekly	» Weekly (additional if needed)
Housekeeping	» Weekly	» Weekly	» Weekly + additional bathroom cleaning	
Personal Care (e.g. dressing)	» Self managed or simple cueing	» Minimal assistance	» Frequent assistance and close supervision	
Bath/ Showers	» Self managed	» Stand-by assistance for safety	» Frequent hands-on assistance for care and safety	
Incontinence Assistance	» Self managed	» Minimal assistance	» Frequent assistance and supervision	
Medication Assistance and Administration	» Refills » Simple oral medication	» Refills  » Simple oral  medications, eye drops and inhalers	<ul> <li>» Refills</li> <li>» Medication changes more than monthly</li> <li>» Complex medication regimens (i.e. insulin, meds requiring close monitoring, Coumadin, psychoactive meds, crushing meds, subcutaneous injections)</li> </ul>	
Medical Care Assistance	» Self managed	» Coordination	» Scheduling and coordination	
Safety and Judgement	» Due to the complexity of cognitive impairments, this area is individually assessed based on multiple factors that affect an individual's need for cueing and supervision.			
Medical Support	» Emergencies	» Routine care (i.e. braces, weekly glucometer checks, vital signs ordered by licensed health professional)	» Non-routine support (i.e. frequent vital signs, daily to weekly glucometer ordered by licensed health professional, NMT treatments, hospice care)	» Tier 2 plus any type of care that requires additional support (i.e., behavioral changes and assessments requiring close supervision, frequent monitoring of health status needs)
Activities	» Scheduled community activities & events	» Daily reminders for activities	» Daily reminders and assistance to/from activities	
Transfers/ Mobility	» Self managed or minimal assistance		» 1 person assist	» 2 person assist or use of mechanical device

