



# tray service menu

Week of March 23rd

All options are served with: \*Choice of Artisan Bread or Fresh Fruit, \*Choice of Soup, \*Choice of Weekly Salad or Starter Salad, and Featured Dessert.

## Artisan Bread

**Monday:** Wheat Roll

**Tuesday:** Cranberry Walnut Bread

**Wednesday:** Wheat Roll

**Thursday:** Sunflower Bread

**Friday:** Wheat Roll

## Soup

*(Choice of One)*

**Weekly:** Cream of Mushroom

**Monday:** Creamy Tomato Basil

**Tuesday:** Vegetable Beef Barley **R**

**Wednesday:** Cream of Broccoli

**Thursday:** Navy Bean & Bacon

**Friday:** Chili

## Starter Salads

**Three Bean Salad**

**Asian Salad** ♥ (w/o Chicken)

## Fresh Fruit ♥

**Monday:** Mixed Grapes

**Tuesday:** Cut Strawberries

**Wednesday:** Whole Apple

**Thursday:** Whole Orange

**Friday:** Whole Banana

♥ Heart Healthy

**R** Reduced Sodium

**GF** Gluten Free

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Alert your server to any allergies or dietary needs.*

## Daily Entrée Selections

**3/23 (Mon.)**

**Option 1:** Crab Stuffed Flounder **GF** served with a Wild Rice ♥ and Maple Glazed Carrots

**Option 2:** Herb Roast Chicken Quarter **GF** served with Baked Sweet Potato ♥ and Fresh Sautéed Garlic Green Beans ♥

**Featured Dessert:** Boston Cream Pie

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**3/24 (Tues.)**

**Option 1:** Spaghetti & Meat Sauce served with Zucchini & Tomatoes

**Option 2:** Stuffed Peppers **GF** served with Vegetarian Black Beans ♥ and Roasted Cauliflower ♥

**Featured Dessert:** Lemon Meringue Pie

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**3/25 (Wed.)**

**Option 1:** Fresh Salmon Cakes ♥ served with Scalloped Potatoes and Fresh Broccoli ♥

**Option 2:** Italian Breaded Pork Chop served with Potato Gnocchi w/Tomato Sauce and Fresh Acorn Squash ♥

**Featured Dessert:** Angel Food Cake w/Berries

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**3/26 (Thurs.)**

**Option 1:** Broiled Whitefish **GF** served with Mixed Potato Hash and Red Cabbage ♥

**Option 2:** Balsamic Cornish Hen **GF** served with Loaded Mashed Potatoes and Oven Roasted Brussel Sprouts ♥

**Featured Dessert:** Gelato

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**3/27 (Fri.)**

**Option 1:** Fried Shrimp served with Potato Salad and Southern Style Green Beans

**Option 2:** BBQ Baby Back Ribs **GF** served with Baked Beans and Buttered Corn

**Featured Dessert:** Nutty Cone (Novelty Ice Cream)

## Weekly Entrée Selection

**Option 3:** Vegetarian Tortellini - Cheese filled pasta topped with marinara sauce and parmesan cheese.

**Option 4:** Entree Asian Chicken Salad ♥ - Fresh mixed greens, grilled chicken breast, mandarin oranges, red pepper, scallions, almonds, and chow Mein noodles. Served with Asian dressing on the side.

# tray service menu

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## Artisan Bread

**Saturday:** Assorted Rolls

**Sunday:** Assorted Rolls

## Soup

(Choice of One)

**Weekly:** Cream of Mushroom

**Saturday:** French Onion

**Sunday:** Chicken Noodle

## Starter Salads

**Three Bean Salad**

**Mixed Greens Salad ♥**

## Fresh Fruit ♥

**Saturday:** Mixed Fresh Fruit

**Sunday:** Mixed Fresh Fruit

♥ Heart Healthy

Ⓡ Reduced Sodium

ⓂF Gluten Free

## Saturday, March 28th

**Option 1:** Grilled Chicken Breast ⓂF served with Mashed Potatoes Ⓡ and Mixed Vegetables ♥

**Option 2:** Roast Turkey w/Gravy & Cranberry Sauce served with Mashed Potatoes Ⓡ and Mixed Vegetables ♥

**Featured Dessert:** Fresh Baked Chocolate Chip Cookie

## Sunday, March 29th

**Option 1:** Chicken Marsala served with Mashed Potatoes & Gravy and Peas & Carrots ♥

**Option 2:** Philly Steak Sandwich served with French Fries and Peas & Carrots ♥

**Featured Dessert:** Butterscotch Blondie Brownies

## Weekly Entrée Selection

**Option 3:** Vegetarian Tortellini - *Cheese filled pasta topped with marinara sauce and parmesan cheese.*

**Option 4:** Entree Asian Chicken Salad ♥ - *Fresh mixed greens, grilled chicken breast, mandarin oranges, red pepper, scallions, almonds, and chow Mein noodles. Served with Asian dressing on the side.*

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Alert staff to any allergies or dietary needs.*

### **Independent Living Residents**

- Tray Order Forms will be placed in your mailbox daily. Please drop off completed forms to the IL Front Desk **no later than 3:00pm**. If you decide not to order from us on a particular evening, simply leave the order form in your mailbox to use the next day.
- If you are unable to drop off a completed form to the IL Front Desk, please call (734) 433-5208 between 4pm - 4:30pm to order a dinner tray.
  - Red and White Wine are still available for purchase in the Bistro Dining Room from 5pm - 6pm.

**Villa Residents:** Please notate on your form if you would like “**Curbside Pick Up**” for your dinner. At the designated time, drive up to the back receiving area and a staff member will bring your food out.

### **Assisted Living Residents**

To order a tray, please contact your Resident Care Associate (RCA).