

All Dinner options are served with Choice of Beverage: Coffee, Tea, Juice or Soda, Choice of *Three Starters* and Featured Dessert or Ice Cream.

Featured Starters

Please Choose up to Three Starters All Starters Gluten Free Unless Noted *

- · Fresh Baked White Pan Rolls *
- · Side Caesar Salad *
- · Side Bean Salad
- · Weekly Soup: Manhattan Seafood

Always Available 🔕

- · Fresh Clementine, Pear, or Banana
- Mandarin Oranges or Peaches
- Fruit Cocktail
- Cottage Cheese
- Low Fat Yogurt
- Un Sweetened Apple Sauce

Desserts

Monday: Bumbleberry Pie

Tuesday: Blueberry Peach Bundle

Wednesday: Robin Egg Cake

Thursday: Easter Oero Casserole

Friday: Éclair Pudding Cake

Ice Cream @

RF NSA Vanilla

RF NSA Chocolate

RF NSA Turtle Sundae

RF NSA Butter Pecan

Dark Chocolate Raspberry

Road Runner Raspberry

Cappuccino Crunch

Rainbow Sherbet

RF **Reduced Fat**

NSA No Sugar Added

Dairy Free

500mg Sodium or Below

Gluten Free

Dinner Entrée Selections

Monday, April 14th:

Soup of the Day: Italian Chicken

Option 1: Baked East Coast Haddock with Seasoned

Bread Crumbs, Roasted Lemon Chive Butter, GF Orzo

Pasta with Radicchio, Feta Cheese, and French Beans

Option 2: Grilled Marinated Chicken Thighs with

Apricot Glaze, G Dried Fruit Cous Cous and

Asparagus 🚫 🔎

Tuesday, April 15th:

Soup of the Day: Beef & Noodle \square

Option 1: Cashew Chicken Stir Fry with Broccoli, Sweet Bell Peppers, Onion, and Sugar Snap Peas served with

Brown Rice, Sesame Stir Fry Sauce, and Toasted

Cashews (()

Option 2: Beef & Cheese Enchiladas with Flour

Tortillas, Mild Green Chiles, Cheddar Cheese, and

Enchilada Sauce served with Black Beans and Mexican

Corn Elote (available **GF**)

Wednesday, April 16th:

Soup of the Day: White Chicken Chili

Option 1: Gulf Shrimp Fettuccine Alfredo with

Parmesan Garlic Cream Sauce and Fresh Broccoli Florets

(available **a**)

Option 2: Grilled Sliced Pork Tenderloin with BBQ

Sauce, GB Baked Mac & Cheese, Southern Greens, and

Creamy Cole Slaw

Thursday, April 17th:

Soup of the Day: Beefy Cheesy Tomato

Option 1: Grilled Teriyaki Shrimp with Pineapple

Salsa, Steamed Jasmine Rice, and Mixed Asian

Vegetables 🚫 🕩

Option 2: Salisbury Steak with Onion & Mushroom Gravy served over Mashed Potatoes with Garlic Green

Friday, April 18th:

Soup of the Day: Split Pea with Ham @

Option 1: Broiled Atlantic Salmon with Honey Citrus

Glaze, Wild Rice Pilaf, and Steamed Asparagus 🚫 🙃





Option 2: Smoked Chicken Angel Hair Pasta with Fresh Basil, Pancetta Bacon, and Plum Tomato Garlic Sauce served with a Fresh Vegetable Medley (available **G**)

Options 3 – 6 listed on back of Menu

Trellis/Bistro Menu (Page 2) Dining Hours Monday-Friday: Trellis & Bistro 4:30-6:00pm *Please be seated by 5:45pm*

Pick Up, Delivery & Curbside Service are available everyday

Featured Starters

Please Choose up to Three Starters

All Starters Gluten Free Unless Noted *

Saturday-Sunday: Trellis & Arbor 4:00-6:00pm

- · Fresh Baked White Pan Rolls *
- · Side Caesar Salad *
- · Side Three Bean Salad
- · Weekly Soup: Manhattan Seafood

Always Available

- · Fresh Clementine, Pear, or Banana
- Mandarin Oranges or Peaches
- · Fruit Cocktail
- · Cottage Cheese
- · Low Fat Yogurt
- · Un Sweetened Apple Sauce

Desserts

Saturday: Sugar Cookies

Sunday: Assorted Fruit Pies

Ice Cream @

RF NSA Vanilla

RF NSA Chocolate

RF NSA Turtle Sundae

RF NSA Butter Pecan

Dark Chocolate Raspberry

Road Runner Raspberry

Cappuccino Crunch

Saturday, April 19th

Soup of the Day: Cream of Mushroom

Option 1: Shrimp & Krab Neptune Salad with Celery,

Onion and Mayonnaise served on a Fresh Baked

Croissant served with Raw Vegetables and Fresh Fruit

Option 2: Braised Beef Pot Roast with Mashed Potatoes and Roasted Root Vegetables **(3)**

Sunday, April 20th

Happy Easter!

Soup of the Day: White Chicken Lasagna

Option 1: Chilled Gulf Shrimp with Fresh Lemon,

Cocktail Sauce, Deviled Egg, and Roasted Beet

Salad 🔕 🚭 📵

Option 2: Ham and Scallop Potato Casserole served with

Roasted Honey Glazed Carrots @

Additional Entrée Selections

We apologize Options 5 & 6 are not available on Easter Day

Option 3: Grilled Marinated Vegetable Plate with Seasonal Market Vegetables, Portobella Mushrooms, and Mozzarella Cheese (served with or without Grilled

Chicken) 🔕 🚭

Option 4: Grilled Chicken Caesar Salad with Romaine Lettuce, Fresh Cherry Tomatoes, Shredded Parmesan Cheese,

Garlic Croutons and Creamy Caesar Dressing (available 6)

Option 5: Baked Pepperoni Pizza with Tomato Basil Sauce and a Parmesan Three Cheese Blend (available **6**)

Option 6: Crispy Fried Catfish Po Boy on French Bread with Shredded Lettuce, Tomato & Remoulade Sauce served with Shoe String Fries (w/o Bun)

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Alert staff to any allergies or dietary needs.

