



Trellis/Bistro Menu


Week of May 25th

All Dinner options are served with Choice of Beverage: Coffee, Tea, Juice, or Soda
Choice of Three Starters and Featured Dessert or Ice Cream

Featured Starters

Please Choose up to Three Starters


All Starters Gluten Free Unless Noted *

- Fresh Baked Yeast Rolls
- Side Weekly Salad: Mediterranean
- Featured Starter: Hummus with Fresh Vegetables
- Weekly Soup: Tuscan Chicken 

Always Available

- Fresh Banana, Apple, or Orange
- Mandarin Oranges or Peaches
- Fruit Cocktail
- Low Fat Cottage Cheese
- Low Fat Yogurt

Dessert Menu

1. New York Style Cheesecake
2. Fresh Baked Fruit Pie
3. Peanut Butter Fudge Pie
4. Key Lime Bomb
5. Flourless Chocolate Cake 

Ice Cream

RF NSA Vanilla & Chocolate

RF NSA Turtle Sundae

Road Runner Raspberry

Cappuccino Crunch

Rainbow Sherbet

Midnight Caramel River

Mint Chocolate Chip

Black Cherry Fudge

Salted Caramel Brownie

RF Reduced Fat

NSA No Sugar Added

 500mg Sodium or less
& Low Sat Fat

 Gluten Free


 Dairy Free

Daily Entrée Selections

Monday, May 25th: **Happy Memorial Day!**

The Bistro 100 is Closed for Dinner on Holidays. Join us for a Complimentary Lunch in the Café between 11:30 & 1:30 or in the Arbor or Trellis Dining Rooms from 4:00-6:00pm




Soup of the Day: Chicken & Wild Rice  


Option 1: Grilled Turkey Burger with Monterey Jack Cheese on a Fresh Baked Brioche Bun with Lettuce, Tomato, Red Bell Pepper Mayo, and Seasoned Fries (available )

Option 2: Slow Cooked BBQ Meatballs  with White Cheddar Mashed Potatoes and Roasted Carrots

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Tuesday, May 26th:




Soup of the Day: Cheesy Asparagus 



Option 1: Roasted Greek Chicken Thighs  with Spinach & Feta Rice Pilaf and Spiced Eggplant & Blistered Tomato Medley  

Option 2: Slow Cooked Beef Pot Roast  with White Cheddar Mashed Potatoes, Carrots, Celery, Pearl Onions, and Brussel Sprouts

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Wednesday, May 27th:

Soup of the Day: Creamy Tomato Basil

Option 1: Poached Atlantic Salmon  with a Lemon Dill Burre Blanc Sauce, Steamed Potatoes, and Asparagus  

Option 2: Grilled Chicken Linguine with Grated Parmesan, Mushrooms, Baby Spinach, and Plum Tomato Garlic Sauce  served with Garlic Bread (available )

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Thursday, May 28th:




Soup of the Day: Lemon Chicken Orzo 



Option 1: Sherry Broiled Garlic Shrimp Scampi with Tomato, Toasted Almonds, Saffron Rice, and Chefs Vegetable Medley  

Option 2: Braised BBQ Pork Ribs with Baked Beans and Steamed Corn on the Cobb  

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Friday, May 29th:

Soup of the Day: Split Pea & Ham

Option 1: Broiled Lake Superior Whitefish with Homemade Tartar Sauce, Lemon Rice, and Chefs Fresh Vegetable Medley   

Option 2: Slow Simmered Corned Beef & Cabbage with Redskin Potatoes, Celery, Carrots,  Rye Bread, and Stone Ground Mustard 

Options 3 - 6 listed on back of Menu

Trellis/Bistro Menu

(Page 2) Spring Dining Hours

Monday-Friday: Trellis & Bistro 4:30-6:00pm *Please be seated by 5:45pm*


Saturday-Sunday: Trellis & Arbor 4:00-6:00pm

Pick Up, Delivery & Curbside Service are available everyday

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Road Runner Raspberry

Cappuccino Crunch

Rainbow Sherbet

Midnight Caramel River

Mint Chocolate Chip

Black Cherry Fudge

Salted Caramel Brownie

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Alert staff to any allergies or dietary needs. In order to better serve you, Please keep substitutions to a minimum.

MEMORIAL DAY COMPLIMENTARY LUNCH

Monday, May 25th 11:30am - 1:30pm

Pick up in the Courtyard Café and Eat in the Bistro 100!


House Smoked Pulled BBQ Pork Sandwich,
Potato Chips, Creamy Coleslaw, Beverage,
and a Ice Cream Bar




The Bistro will be closed for dinner on Memorial Day.

The Trellis will open at 4:00

Saturday, May 30th




Soup of the Day: Roasted Garlic

Option 1: Oven Baked Popcorn Shrimp with Lemon & Cocktail Sauce, Hush Puppies, and Creamy Cole Slaw 

Option 2: Grilled Chicken Cobb Salad with Romaine Lettuce, Applewood Smoked Bacon, Avocado, Tomato, Hard Boiled Egg,  and Bleu Cheese Crumbles served with Herb Balsamic Vinaigrette Dressing  

Sunday, May 31st




Soup of the Day: Black Eye Pea 



Option 1: Broiled Orange Roughy  with Lemon Butter, Steamed Potatoes, and Green Beans  



Option 2: Baked Three Cheese White Chicken Lasagna with Steamed Italian Green Beans and Grilled Parmesan Garlic Toast

Additional Entrée Selections

We Apologize Options 5 & 6 are *Not Available on Memorial Day, Monday the 25th*

Option 3: Grilled Marinated Vegetable Plate with Market Vegetables, Hummus, Portobella Mushrooms,  and Mozzarella Cheese (served with or without Grilled Chicken)  

Option 4: Mediterranean Greek Chicken Salad with Fresh Greens, Tomatoes, Artichoke Hearts, Cucumbers, and Feta Cheese served with Creamy Oregano Dressing  

Option 5: Grilled Bone In Ham Steak  with Mashed Potatoes, Braised Southern Greens, and Honey Mustard Sauce on the Side 

Option 6: Asian BBQ Ahi Tuna Rice Bowl with Wakame Seaweed Salad, Pickled Radish, Sesame Cucumber Pineapple Relish, and Chopped Macadamia Nuts 