


July 2025 *The Meadows*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key Activities Office = AO Arbor Dining Room = ARB Bistro = BIS Cinema 100 = C Game Room = GAME Garden Room = GAR Great Room = GR	Library = LIB Lobby = LOB Maples Conf. Room = MCR Maples Room = MR Meadows Conf. Room = CON Meadows Lounge = ML Salon = S The Pool Parlour = TPP Your Home = YH	AD One-on-one (YH) 1 9:15 Cards & Games (CR) 10:00 Cherry Optometry (MCR) 10:30 Exercise (GR-2) 11:05 Book Club: Born a Crime by Trevor Noah (ML-1) 1:00 Breathe Chair Yoga w/ Britt (MR) 1:30 Shop at Polly's Country Market (LOB) 1:30 Spiritual Reflections (GR-2) 3:00 Dining by the Decades: 1970s (MR)	AD One-on-one (YH) 2 AD Weekly Word Puzzles Due 9:15 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Crochet Club (ML-1) 12:45 Drop In Tech Time with Scott (ML-1) 1:30 Bus Trip: Chelsea Farmer's Market (LOB) 3:15 Fingernail Care (GR-2)	AD One-on-one (YH) 3 AD Perfect Pair (YH) AD Puzzles 9:15 Cheerful Visit with Apollo the Dog (YH) 9:15 Resident Run Cards (CR) 10:30 Exercise--Music & Movement (GR-2) 11:05 Making 4th of July Individual Cheesecakes (ML-1) 12:45 Drop In Social Worker Time with Samantha Snyder (COR) 1:30 Pre-4th of July Patriotic Sing Along (BIS) 3:00 Rummikub for New & Experienced Players (GR-2)	AD 4th of July 4 AD New Weekly Word Puzzles Handed Out Today (YH) AD No Bus Service Today AD One-on-one (YH) 9:15 Resident Run Cards (CR) 10:00 Communion (ML-1) 10:30 Exercise (GR-2) 1:30 Meadows Movie: The Blue Angels (GR-2)	AD One-on-one (YH) 5 AD Puzzles 10:00 Resident Run Card Game: Euchre (BIS) 10:30 Exercise (GR-2) 11:05 Garden Walk (Weather Permitting) or Bonus Activity (ML-1) 1:30 Meadows Movie: Clambake (GR-2) 2:00 Resident Run Game: Rummikub for Experienced Players (BIS)
						
AD One-on-one (YH) 6 AD Puzzles 9:20 Bus Ride: St. Mary Catholic & St. Paul United Church of Christ (LOB) 9:50 Dunnellon Presbyterian Protestant Service on TV (ML-1) 10:00 Notre Dame Service on TV (GR-2) 1:30 Meadows Movie: The Unbreakable Boy (GR-2) 2:00 Resident Run Game: Rummikub for Experienced Players (BIS)	AD Foot Nurse (S) 7 AD One-on-one (YH) AD Recycling Day (CR) 9:30 Cards & Games (CR) 9:30 Drop in Nurses Time with Megan and Becky (LOB) 10:30 Exercise (GR-2) 11:05 Resident Council (GR-2) 12:00 Bible Discussion (MCR) 1:00 Resident Run Card Game: Euchre (BIS) 1:30 Talk: Unusual Characters of the Civil War (MR) 3:00 Bingo (GR-2)	AD One-on-one (YH) 8 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Sunny Strides: Summer Step Challenge Introduction (GR-2) 1:00 Breathe Chair Yoga w/ Britt (MR) 1:30 Shop at Polly's Country Market (LOB) 1:30 Spiritual Reflections (GR-2) 3:00 Rummikub for New & Experienced Players (GR-2)	AD One-on-one (YH) 9 AD Weekly Word Puzzles Due 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Crochet Club (ML-1) 12:45 Bus Trip: "The Long, Long Trailer" at Saline Imagine Theater (LOB) 12:45 Drop In Tech Time with Scott (ML-1)	AD One-on-one (YH) 10 AD Puzzles 9:30 Resident Run Cards (CR) 10:30 Exercise--Music & Movement (GR-2) 11:05 Book Club: Born a Crime by Trevor Noah (ML-1) 1:30 Men's & Women's Coffee Talk with Jeff Crowder (GR-2) 3:00 Bingo Sale (GR-2) 5:45 Bus Trip: Sounds & Sights in Downtown Chelsea "Big Band Theory" (LOB)	AD New Weekly Word Puzzles Handed Out Today (YH) 11 AD One-on-one (YH) 9:30 Resident Run Cards (CR) 9:30 Shop at Polly's Country Market (LOB) 10:00 Communion (ML-1) 10:30 Exercise (GR-2) 11:05 Scrabble (ML-1) 2:00 Concert: Bob Skon--Guitar & Vocals (MR) 3:15 Happy/Social Hour & Games (CG)	AD One-on-one (YH) 12 AD Puzzles 10:00 Resident Run Card Game: Euchre (BIS) 10:30 Exercise (GR-2) 11:05 Garden Walk (Weather Permitting) or Bonus Activity (ML-1) 1:30 Meadows Movie: Pillow Talk (GR-2) 2:00 Resident Run Game: Rummikub for Experienced Players (BIS)
AD One-on-one (YH) 13 AD Puzzles 9:20 Bus Ride: St. Mary Catholic & St. Paul United Church of Christ (LOB) 9:50 Dunnellon Presbyterian Protestant Service on TV (ML-1) 10:00 Notre Dame Service on TV (GR-2) 1:30 Meadows Movie: Chicago (GR-2) 2:00 Resident Run Game: Rummikub for Experienced Players (BIS)	AD Foot Nurse (S) 14 AD One-on-one (YH) AD Recycling Day (CR) 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:15 Meadows Bus Trip: Cavanaugh Lake (LOB) 12:00 Bible Discussion (MCR) 1:00 Resident Run Card Game: Euchre (BIS) 3:00 Bingo (GR-2)	AD One-on-one (YH) 15 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:00 Main Street Dermatology Skin Health Talk (GR-2) 11:00 Rankin Audiology (MCR) 11:05 Book Club: Born a Crime by Trevor Noah (ML-1) 1:00 Breathe Chair Yoga w/ Britt (MR) 1:00 Spiritual Reflections (GR-2) 1:30 Shop at Polly's Country Market (LOB) 2:30 Fraud Watch: Tips From Local Experts to Keep You Safe (MR)	AD One-on-one (YH) 16 AD Weekly Word Puzzles Due 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Crochet Club (ML-1) 12:45 Drop In Tech Time with Scott (ML-1) 3:00 Rummikub for New & Experienced Players (GR-2) 6:00 Silver Maples Annual Car Show (MECD)	AD One-on-one (YH) 17 AD Puzzles 9:30 Ladies Discussion with Nurse Becky (ML-1) 9:30 Resident Run Cards (CR) 10:30 Exercise--Music & Movement (GR-2) 11:00 Celebration of Life for Shirley Wahlstrom (MR) 2:00 July Birthdays Celebration (including Dog Birthdays!) (CG) 3:30 Guided Relaxation & Meditation (GR-2)	AD New Weekly Word Puzzles Handed Out Today (YH) 18 AD One-on-one (YH) 9:30 Resident Run Cards (CR) 9:30 Shop at Polly's Country Market (LOB) 10:00 Communion (ML-1) 10:30 Exercise (GR-2) 1:30 Concert: 42 North--Guitar, Harmonica, & Vocals (MR) 3:15 Happy/Social Hour & Games (CG)	AD One-on-one (YH) 19 AD Puzzles 10:00 Resident Run Card Game: Euchre (BIS) 10:30 Exercise (GR-2) 11:05 Garden Walk (Weather Permitting) or Bonus Activity (ML-1) 1:00 Talk: Dahlias by Amy Delaney (GR-2) 2:00 Afternoon at the Met Opera: Rusalka (C) 2:00 Resident Run Game: Rummikub for Experienced Players (BIS)

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AD One-on-one (YH) 20 AD Puzzles 9:20 Bus Ride: St. Mary Catholic & St. Paul United Church of Christ (LOB) 9:50 Dunnellon Presbyterian Protestant Service on TV (ML-1) 10:00 Notre Dame Service on TV (GR-2) 1:30 Meadows Movie: Picture This (GR-2) 2:00 Resident Run Game: Rummikub for Experienced Players (BIS)	AD One-on-one (YH) 21 AD Recycling Day (CR) 9:30 Cards & Games (CR) 9:30 Drop In Nurses Time with Megan and Becky (LOB) 10:30 Exercise (GR-2) 11:05 Fingernail Care (GR-2) 12:00 Bible Discussion (MCR) 1:00 Resident Run Card Game: Euchre (BIS) 1:00 Tea & Talk with Holly: Team 3 Residents (ML-1) 3:00 Bingo (GR-2)	AD One-on-one (YH) 22 9:00 Main Street Dermatology Skin Health Appointments (S) 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Book Club: Born a Crime by Trevor Noah (ML-1) 1:00 Breathe Chair Yoga w/ Britt (MR) 1:30 Shop at Polly's Country Market (LOB) 1:30 Spiritual Reflections (GR-2) 3:00 Rummikub for New & Experienced Players (GR-2)	AD One-on-one (YH) 23 AD Weekly Word Puzzles Due 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Crochet Club (ML-1) 12:45 Drop In Tech Time with Scott (ML-1) 1:30 Remote Control Car Races & Ice Cream Treats (MECD) 3:00 Jeopardy Trivia (GR-2)	AD One-on-one (YH) 24 AD Puzzles 9:15 Resident Run Cards (CR) 9:30 Resident Run Cards (CR) 10:30 Exercise--Music & Movement (GR-2) 11:05 Staff Award Videos from Leading Age (GR-2) 2:00 Craft: Fabric Paper Mache Bowls (GR-2)	AD New Weekly Word Puzzles Handed Out Today (YH) 25 AD One-on-one (YH) 9:30 Resident Run Cards (CR) 9:30 Shop at Polly's Country Market (LOB) 10:00 Communion (ML-1) 10:30 Exercise (GR-2) 11:05 Music with Mel--Singalong & Guitar (ML-1) 1:30 Concert: Wagner Duo 3:15 Happy/Social Hour & Games (CG)	AD One-on-one (YH) 26 AD Puzzles 10:00 Resident Run Card Game: Euchre (BIS) 10:30 Exercise (GR-2) 11:05 Garden Walk (Weather Permitting) or Bonus Activity (ML-1) 1:30 Meadows Movie: Suddenly Last Summer (GR-2) 2:00 Gallery 100 Reception: Moments in Time (MR) 2:00 Resident Run Game: Rummikub for Experienced Players (BIS)
AD One-on-one (YH) 27 AD Puzzles 9:20 Bus Ride: St. Mary Catholic & St. Paul United Church of Christ (LOB) 9:50 Dunnellon Presbyterian Protestant Service on TV (ML-1) 10:00 Notre Dame Service on TV (GR-2) 1:30 Meadows Movie: Dare to be Wild (GR-2) 2:00 Resident Run Game: Rummikub for Experienced Players (BIS)	AD One-on-one (YH) 28 AD Recycling Day (CR) 3:15 Game: Qwirkle! (GR-2) 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Mini Trivia (GR-2) 11:05 Mobee Traveling Chelsea District Library Van (MACD) 12:00 Bible Discussion (MCR) 1:00 Resident Run Card Game: Euchre (BIS) 2:00 Peter Bergin Ragtime Piano Concert (MR)	AD One-on-one (YH) 29 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Book Club: Born a Crime by Trevor Noah (ML-1) 1:00 Breathe Chair Yoga w/ Britt (MR) 1:30 Shop at Polly's Country Market (LOB) 1:30 Spiritual Reflections (GR-2) 3:00 Rummikub for New & Experienced Players (GR-2)	AD One-on-one (YH) 30 AD Weekly Word Puzzles Due 9:30 Cards & Games (CR) 10:30 Exercise (GR-2) 11:05 Crochet Club (ML-1) 12:45 Drop In Tech Time with Scott (ML-1) 1:30 Game: Mexican Train Dominos (GR-2) 3:00 Putting on the Green (BC)	AD One-on-one (YH) 31 AD Puzzles 9:30 Ladies Discussion with Nurse Becky (ML-1) 9:30 Resident Run Cards (CR) 10:30 Exercise--Music & Movement (GR-2) 11:05 Book Club: Born a Crime by Trevor Noah (ML-1) 1:30 Bingo (GR-2) 3:00 Cheerful Dog Visit (ML-1)	